(Name of Organization) Code of Conduct for Participants

Participation in (your activity/organization) should demonstrate high standards of ethics and sportsmanship and promote the development of good character and other important life skills. The highest potential of teamwork is achieved when participants are committed to pursuing success with honor according to six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship (the "Six Principles of Character"). This Code applies to all participants involved in (your activity). I understand that, in order to participate in (your activity), I must act in accord with the following:

TRUSTWORTHINESS

1. *Trustworthiness* — be worthy of trust in all I do.

Integrity — live up to high ideals of ethics and sportsmanship and always pursue success with honor; do what's right even when it's unpopular or personally costly.

Honesty — live and compete honorably; don't lie, cheat, steal, or engage in any other dishonest or unsportsmanlike conduct.

Reliability — fulfill commitments; do what I say I will do; be on time to practices, games, and events.

Loyalty — be loyal to my organization and team; put the team above personal glory.

RESPECT

2. *Respect* — treat all people with respect all the time and require the same of other participants.

- 3. *Class* live and play with class; be a good sport; be gracious in success and accept defeat with dignity; give fallen opponents help, compliment extraordinary performance, show sincere respect in all aspects of my participation.
- 4. *Disrespectful Conduct* don't engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks of a sexual or <u>racial</u> nature, trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the activity.
- 5. Respect Officials treat contest officials with respect; don't complain about or argue with official calls or decisions during or after an athletic event.

RESPONSIBILITY

- 6. *Importance of Good judgment* practice reasonable and logical manners in all situations representing the organization.
- <u>r.</u> Role-Modeling remember, participation is a privilege, not a right. I am expected to represent my organization, coach or director, and fellow participants with honor, on and off the field. Consistently exhibit good character and conduct yourself as a positive role model. <u>Suspension or termination of the participation</u> privilege is within the sole discretion of the organization.
- 8. *Self-Control* exercise self-control; don't fight or show excessive displays of anger or frustration; have the strength to overcome the temptation to retaliate.
- 9. *Healthy Lifestyle* safeguard your health; don't use any illegal or unhealthy substances including alcohol, tobacco, and drugs, or engage in any unhealthy techniques to gain, lose, or maintain weight.
- 10. *Integrity of the Game* protect the integrity of the game; don't gamble. Play the game according to the rules.

FAIRNESS

11. *Be Fair* — live up to high standards of fair play; be open-minded; always be willing to listen and learn.

CARING

- 12. *Concern for Others* demonstrate concern for others; never intentionally injure any participant or engage in reckless behavior that might cause injury to myself or others.
- 13. *Teammates* help promote the well being of teammates through positive praise and encouragement, or by reporting any unhealthy or dangerous conduct to coaches or directors.

CITIZENSHIP

- 14. *Play by the Rules* maintain a thorough knowledge of and abide by all applicable game and competition rules.
- 15. *Spirit of rules* honor the spirit and the letter of rules; avoid temptations to gain competitive advantage through improper gamesmanship techniques that violate the highest traditions of sportsmanship.

I have read and understand the requirements	s of this Code of Conduct. I understand that I'm
expected to perform according to this code a	nd I understand that there may be sanctions or
penalties if I do not.	
Participant Signature	Date

ATHLETIC CONSENT FORM

Name of Participant:
Address:
Name of Camp, Clinic, League or Event:
I, the undersigned, hereby acknowledge that certain risks of injury are inherent to participation in recreational activities and athletic activities. These risks and dangers may be caused by the action, inaction or negligence of the participant or others. There may be other risks not known or reasonably foreseeable at this time.
I, the undersigned accept and assume such risks and responsibility for the losses and/or damages following such injury, however caused, and whether caused in whole or in part by the negligence of the Participant named above.
I have thoroughly read the information brochure and understand the intensity of the given activity. If the above Participant has a temporary restriction (sickness, sprain or soreness) I will inform the appropriate instructor on a daily basis in writing.
Having read the above statement I am aware of the inherent risk of injury involved in athletic participation. Finally, I understand that in accepting the risks associated with athletic participation I will also share the responsibility of minimizing those risks.

EMERGENCY CONTACT FORM

Participant Information

Last Name	First Name	Middle Initial		
Male Female				
Date of Birth				
Emergency Contact #1				
Last Name	First Name	Middle Initial		
Phone Number	Relationship			
Emergency Contact #2				
Last Name	First Name	Middle Initial		
Phone Number	Relationship			
Emergency Contact #3				
Last Name	First Name	Middle Initial		
Dhono Numbor	Relationship			

Release and Waiver of Liability and Indomnity Agreement (Read carefully before signing)

In consideration of being permitted to partic enter for any purpose any restricted area (he				
parent(s) and/or legal guardian(s) of the min			8 F F-	
1. The parent(s) and/or legal guardian(s) with or event, he or she should inspect the facilities should immediately advise the officials of surprising to be UNSAFE; I will immediately to	ies and equipment to be ch condition and refuse	used, and if he or sh to participate. I und	e believes anything is unsaf erstand and agreed that, if a	e, the participant at any time, I feel
2. I/WE fully understand and acknowledge (a) There are risks and dangers associate partial and/or total disability, paralysis and	ed with participation in _ death.			
(b) The social and economic losses and/osevere.	or damages, which could	result from these ris	sks and dangers described a	bove, could be
(c) These risks and dangers may be caus negligence of others, including, but not limit (d) There may be other risks not known t	ed to, the Releasees nam	ned below.		naction or
I/WE accept and assume such risks and death, however caused and whether caused		,		oility, paralysis or
4. I/WE HEREBY RELEASE, WAIVE, DISCH including its owners, managers, promoters, inspectors, underwriters, consultants and of loss control activities regarding theemployees, all for the purposes herein referrepresentatives, assigns, executors, heirs an CLAIMS OR DEMANDS THEREFORE ON ACTUAL PARTICIPANT OR DAMAGE TO PROPERTY, IN WHOLE OR IN PART BY THE NEGLIGENGES.	lessees of premises used thers who give recommen facility or events hed to as "Releasee"FRC and next to kin FOR ANY ACOUNT OF ANY INJURY ARISING OUT OF OR RE	to conduct the ndations, directions, neld at such facility a DM ALL LIABILITY TO ND ALL CLAIMS, DI Y, INCLUDING BUT N CLATING TO THE EV	event or program, p or instructions to engage in nd each of them, their direc of the UNDERSIGNED, my/ EMANDS, LOSSES OR DAM. OT LIMITED TO THE DEAT	remises and event risk evaluation or tors, officers, agents, our personal AGES AND ANY H OF THE
5. I/WE HEREBY acknowledge that THE AC and/or death and/or property damage. Eac COMPOUNDED OR INCREASED BY NEGLIO	h of THE UNDERSIGNEI	O also expressly ackr	nowledges that INJURIES RI	
6. EACH OF THE UNDERSIGNED further eas broad and inclusive as is permitted by the invalid, it is agreed that the balance shall, n	e law of the Province or S	State in which the ev	ent is conducted and that if	
7. On behalf of the participant and individu this Waiver and Release. If, despite this rele guardian(s) will reimburse the Releasee for a harmless.	ase, the participant mak	es a claim against ar	ny of the Releasees, the pare	ent(s) and/or legal
I HAVE READ THIS RELEASE AND WAIVER UNDERSTAND ITS TERMS, UNDERSTAND T FREELY AND VOLUNTARILY WITHOUT ANY SIGNATURE TO BE COMPLETE AND UNCO	THAT I HAVE GIVEN UP INDUCEMENT, ASSURA	SUBSTANTIAL RIGH ANCE, OR GUARANT	TS BY SIGNING IT, AND HA	VE SIGNED IT ND INTEND MY
Facility				
Parent or Guardian Signature (if minor)				
Parent or Guardian Signature (if minor)				
Printed Name of Participant				
Address of Participant				
Received by				
Registrar Signature	Printed Name	Member#	Region on File	Date